



HADDOCK

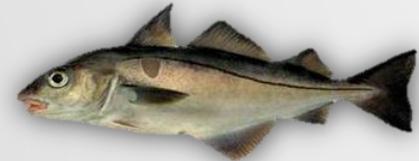


Scientific Name:	<i>Melanogrammus aeglefinus</i>
ORIGIN:	China
WILD/FARMED:	Wild Caught
HARVEST METHOD:	Trawl
FORM/PACK	IQF Skinless Boneless Fillets, 1-10 lb.
AVAILABILITY:	Year round
FRESH/FROZEN:	Frozen
ALTERNATIVE TO:	Cod

KEY NOTES:

ICYBAY Haddock fillets are trimmed and individually quick frozen to maintain their delicate texture and mild flavor. Simply prepared, this member of the Cod family, harvested from the North Atlantic, can be baked, broiled and poached or used in chowders or fish stew. When presented, the meat is lean and milky white with large flakes.

<u>SLADE GORTON CODE</u>	<u>Size</u>	<u>UPC</u>	<u>GTIN</u>
PC# 9849	4-6 Oz	073129098494	00073129098494
PC# 9857	6-8 Oz	073129098579	00073129098579
PC# 9878	8-10 Oz	073129098784	00073129098784
PC# 9856	10-12 Oz	073129098562	00073129098562
PC# 9868	12-16 Oz	073129098685	00073129098685



Nutrition Facts

Serving Size 4 oz (113g)	
Servings Per Container 3	
Amount Per Serving	
Calories 100	Calories from Fat 5
% Daily Value*	
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 65mg	22%
Sodium 75mg	3%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 21g	
Vitamin A 2%	Vitamin C 0%
Calcium 4%	Iron 6%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

Product Details

Packaging Information						
Pack/Size (lbs)	Gross Weight (lbs)	Net Weight (lbs)	Case Cube (cu ft)	Configuration L x W x H (in)	Configuration TI x HI Pallet	Cases/Pallet
1/10	11	10	0.3819	15 x 11 x 4	11 x 16	176
Product Performance						
Product Size	Pieces/Pound	Approximate Pieces/Case	Recommended Servings/Case	Shelf Life	Storage Temperature	
4-6 Oz	3-4	27-40	27-40	18 months	0°F to -20°F	
6-8 Oz	2-3	20-27	20-27	18 months	0°F to -20°F	
8-10 Oz	1-2	16-20	32-40	18 months	0°F to -20°F	
10-12 Oz	1	16-20	32-40	18 months	0°F to -20°F	
12-16 Oz	1	11-16	33-48	18 months	0°F to -20°F	

Features and Benefits

ICYBAY's imported wild Haddock is MSC certified sustainable and guaranteed to be 100% net weight. Our haddock is caught in the Norwegian and Russian waters of the Barents Sea.

Produced and cut to the highest standards, ICYBAY haddock provides consistent sizes, which results in reliable performance in any menu application.

Year round dependable sourcing allows for continuous and consistent supply.

Skinless boneless. All fat lines are removed resulting in a 100% usable product.

Conveniently packed in 10 lb cases.

Naturally low fat and high protein content, ICYBAY haddock fillets have excellent cooking attributes and are easy to prepare.

Market Segments:

Assisted Living
B&I
College & Universities
Country Clubs
Cruise lines/Leisure
Family Dining
Fine Dining
Hospitals
Hotels/Resorts/Casino
Nursing/Retirement Home
Recreation Facility/ Sports Complex

PC # 9849
ICYBAY HADDOCK
 4-6 OZ FILLETS
 IQF SKINLESS BONELESS
 INGREDIENTS: Haddock, Sodium Tripolyphosphate
 CONTAINS: Haddock
 Pack 1/10 lbs.
 Product of China
 Wild Caught
 NET WT 10 LB (4.54 kg)
 SG PO#
 Pack Date:

Sample label

GTIN # 00073129098494
 FOR PLACEMENT OF GTIN
 BARCODE ONLY