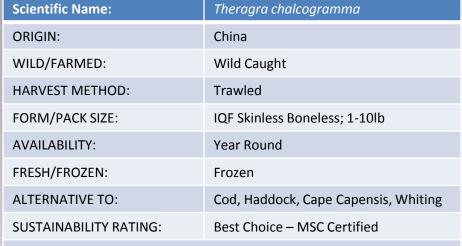


POLLOCK









KEY NOTES:

Pollock meat is versatile, mild flavored and medium texture with excellent plate coverage. ICYBAY Pollock can be baked, broiled, sautéed, steamed or breaded. providing a wide range of menu applications. Each case of ICYBAY Pollock is guaranteed 100% net weight.

SLADE GORTON CODE	Size	UPC	GTIN
PC# 13809	2-4 Oz Fillet	073129138091	00073129138091
PC# 13836	4-6 Oz Fillet	073129138367	00073129138367
PC# 13839	6-8 Oz Fillet	073129138398	00073129138398
PC# 13026	4 Oz Loin	073129130262	00073129130262



Nutrition Facts

Serving Size 4 oz (113g) Servings Per Container

Amount Per Servi	ng	
Calories 60	Calories f	rom Fat 0
	%	Daily Value*
Total Fat 0g		0%
Saturated Fat 0g		0%
Cholesterol 50mg		17%
Sodium 380mg		16%
Total Carbohy	drate 0g	0%
Dietary Fiber 0g		0%
Sugars 0g		

Protein 14g Vitamin A 0%

Calcium 2%	•	Iron 2%
*Percent Daily Valu calorie diet. Your do or lower depending	aily valu	es may be higher

Vitamin C 0%

 Calories:
 2,000
 2,500

 Total Fat Saturated Fat Less than 20g
 25g
 25g

 Cholesterol Sodium
 Less than 300mg
 300mg
 300mg

 Sodium Total Carbohydrate
 300g
 375g
 30g

 Dietary Fiber
 25g
 30g
 30g

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

Product Details

Packaging Information						
Pack/Size (lbs)	Gross Weight (lbs)	Net Weight (lbs)	Case Cube (cu ft)	Configuration L x W x H (in)	Configuration TI x HI Pallet	Cases/Pallet
10	11	10	0.331	14.37 x 10.43 x 3.82	11x12	131

Product Performance						
Product Size	Pieces/Pound	Approximate Pieces/Case	Recommended Servings/Case	Shelf Life	Storage Temperature	
2-4 Oz	4-8	40-80	40	18 months	0°F to -20°F	
4 Oz	4	40	40	18 months	0°F to -20°F	
4-6 Oz	3-4	27-40	40	18 months	0°F to -20°F	
6-8 Oz	2-3	20-27	40	18 months	0°F to -20°F	

Features and Benefits

ICYBAY's Pollock fillets are guaranteed to be 100% net weight.

Our Pollock is wild caught and comes from a responsibly managed fishery in the pristine cold waters of Alaska.

Produced and cut to the highest standards. ICYBAY Pollock fillet provides reliable performance in any menu application.

Given the higher oil content than Cod, Pollock should be cooked lightly longer than its cousin.

Cooked ICYBAY Pollock fillets have lean moist meat, firm with a nice flake and white color.

Skinless boneless. All fat lines are removed resulting in a 100% usable product.

Pollock fillets are conveniently packed in 10 lb. master cases.

Market Segments:

Assisted Living
B&I
College & Universities
Country Clubs
Cruise lines/Leisure
Family Dining
Fine Dining
Hospitals
Hotels/Resorts/Casino
Nursing/Retirement Home
Recreation Facility/ Sports
Complex

