





TILAPIA SHALLOW SKINNED

| Scientific Name: | Oreochromis niloticus | |
|---------------------------|--|--|
| ORIGIN: | China | |
| WILD/FARMED: | Farm Raised | |
| HARVEST METHOD: | Aquaculture | |
| FORM/PACK SIZE: | Shallow Skinned CO Treated fillets, IQF, IVP, 1-10lb | |
| AVAILABILITY: | Year round | |
| FRESH/FROZEN: | Frozen | |
| ALTERNATIVE TO: | Swai-Striped Pangasius, Other Whitefish | |
| SUSTAINABILITY RATING: | Best Choice – BAP Certified | |

KEY NOTES:

ICYBAY Tilapia's firm texture and mild taste lends itself to a wide variety of menu options. Each fillet is vacuumed packed and CO treated to retain natural color and flavor. ICYBAY Tilapia is guaranteed 100% net weight.

| CO Treated IQF | Size | UPC | GTIN |
|----------------|--------|--------------|----------------|
| PC# 12724 | 3-5 oz | 073129127248 | 00073129127248 |
| PC# 12816 | 5-7 oz | 073129128160 | 00073129128160 |
| PC# 12823 | 7-9 oz | 073129128238 | 00073129128238 |
| CO Treated IVP | Size | UPC | GTIN |
| PC# 12819 | 3-5 oz | 073129128191 | 00073129128191 |
| PC# 12821 | 5-7 oz | 073129128214 | 00073129128214 |
| PC# 12824 | 7-9 oz | 073129128245 | 00073129128245 |



Nutrition Facts

Serving Size 4 oz (113g) Servings Per Container

| Amount Per Servi | ng | | |
|------------------|-----------|--------|----------|
| Calories 110 | Calories | from | Fat 15 |
| | | % Dail | y Value* |
| Total Fat 2g | | | 3% |
| Saturated Fat | t 0.5g | | 3% |
| Trans Fat 0g | | | |
| Cholesterol 5 | 5mg | | 19% |
| Sodium 60mg | | | 2% |
| Total Carbohy | ydrate 0g | | 0% |
| Dietary Fiber | 0g | | 0% |
| Sugars 0g | | | |
| Protein 23g | | | |

Protein 23g Vitamin A 0%

Calcium 2%

| *Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. | | | | | |
|--|-----------|---------|---------|--|--|
| | Calories: | 2,000 | 2,500 | | |
| Total Fat | Less than | 65g | 80g | | |
| Saturated Fat | Less than | 20g | 25g | | |
| Cholesterol | Less than | 300mg | 300mg | | |
| Sodium | Less than | 2,400mg | 2,400mg | | |
| Total Carbohyd | 300g | 375g | | | |
| Dietary Fiber | 25g | 30g | | | |
| Calories per gram: | | | | | |
| Fot 0 - Corbobudroto 4 - Brotoin 4 | | | | | |

Vitamin C 0%

Iron 4%

Product Details

| Packaging Information | | | | | | |
|-----------------------|--------------------|------------------|-------------------|---------------------------------|------------------------------|--------------|
| Pack/Size (lbs) | Gross Weight (lbs) | Net Weight (lbs) | Case Cube (cu ft) | Configuration L x W x H (in) | Configuration TI x HI Pallet | Cases/Pallet |
| 1-10 | 11 | 10 | 0.467 | 15 x 10.75 x 5 | 12 x 11 | 120 |

| | Product Performance | | | | | | |
|--------------|---------------------|-------------------------|---------------------------|------------|---------------------|--|--|
| Product Size | Pieces/Pound | Approximate Pieces/Case | Recommended Servings/Case | Shelf Life | Storage Temperature | | |
| 3-5oz | 3 to 5 | 32 to 53 | 32 to 53 | 18 months | 0°F to -20°F | | |
| 5-7oz | 2 to 3 | 23 to 32 | 23 to 32 | 18 months | 0°F to -20°F | | |
| 7-9oz | 1 to 2 | 17 to 23 | 34 to 46 | 18 months | 0°F to -20°F | | |

Features and Benefits

ICYBAY's imported Tilapia is guaranteed to be 100% net weight and is processed in a BAP certified facility.

Farm raised to the highest standards, ICYBAY Tilapia has firm texture, mild taste and provides reliable performance when cooked in different methods.

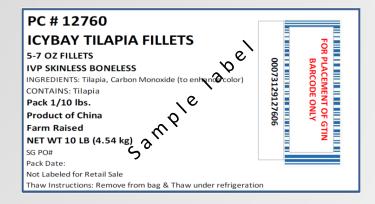
Hand trimmed for a better finished good. Nape, frill and belly flap are removed. Our Skinless Boneless ICYBAY Tilapia 100% usable.

Full selection of forms, IVP CO treated, IQF Non Treated, Shallow and Deep Skinned.

Bags are packed in convenient 10 lb. master cases

Market Segments:

Assisted Living
B&I
College & Universities
Country Clubs
Cruise lines/Leisure
Family Dining
Fine Dining
Hospitals
Hotels/Resorts/Casino
Nursing/Retirement Home
Recreation Facility/ Sports
Complex





SINCE CYBAY 1928

TILAPIA – DEEP SKINNED

Natural and Sustainable



Distinctive Quality

ICYBAY deep skinned Tilapia is guaranteed to be **Chem free** and **100% net weight**.

Our Tilapia is raised in a pristine environment all year round and comes from a **BAP certified farm**.

ICYBAY Tilapia is hand trimmed. The nape, frill, belly flap and bloodline are removed for a clean fillet.

Produced and cut to the highest standards. ICYBAY Tilapia fillets provide consistent portion sizes, allowing for controlled costs, resulting in reliable performance for any foodservice menu application.

Deep skinned and boneless for easy preparation.

ICYBAY Tilapia fillets are Individually quick frozen and conveniently packed in 10 lb. master cases.

Did you know...?

Tilapia is the fourth favorite seafood in the US.

Tilapia meat has a creamy color, is moist and lean, medium-to firm-textured, and delicately flavorful with a mild taste.

The Tilapia produces lean, meaty fillets that are naturally low in fat and high in protein.

ICYBAY Tilapia fillets can be baked, broiled, poached, fried or added to soups, stews and chowders. Perfect for fish tacos, ceviche and any recipe that calls for a mild white fish

Our IQF freezing process maintains appearance, taste and texture and ensures maximum shelf life.

Available year round for our customers to enjoy... **ICYBAY is your Tilapia solution**

Products

| Packaging Information | | | | | | |
|--|------|----|-------|----------------------|-------|-----|
| Pack/Size Gross Weight Net Weight Case Cube Configuration Configuration (lbs) (lbs) (cu ft) L x W x H (in) TI x HI Pallet Cases/Pall | | | | | | |
| 1/10 | 11.5 | 10 | 0.417 | 14.96 x 10.63 x 4.53 | 11x12 | 131 |

| Product Performance | | | | | | |
|---------------------|--------------|-------------------------|------------------------------|------------|---------------------|--|
| Product Form | Pieces/Pound | Approximate Pieces/Case | Recommended Servings/Case | Shelf Life | Storage Temperature | |
| 3-5 Oz | 3-4 | 27-40 | 27-40 | 18 months | 0°F to -20°F | |
| 5-7 Oz | 2-3 | 20-27 | 20-27 | 18 months | 0°F to -20°F | |
| 7-9 Oz | 1-2 | 16-20 | 32-40 | 18 months | 0°F to -20°F | |

Raw Cooked





| Scientific Name: | Oreochro | Oreochromis niloticus | | |
|--------------------|-----------|-----------------------|--------------------|--|
| COUNTRY OF ORIGIN: | China | China | | |
| WILD/FARMED: | Farm Rai | Farm Raised | | |
| METHOD OF CATCH: | Aquacult | Aquaculture | | |
| FORM/PACK SIZE: | Deep Ski | nned, IQF Skinless E | Boneless, 1-10 lb. | |
| AVAILABILITY: | Year roui | nd | | |
| ALTERNATIVE TO: | Flounder | , Haddock, Swai | | |
| SUSTAINABLE: | BAP Cert | ified | | |
| Slade Gorton Code | Size | UPC | GTIN | |
| 12727 | 3-5 Oz | 073129127279 | 00073129127279 | |
| 12814 | 5-7 Oz | 073129128146 | 00073129128146 | |
| 12822 | 7-9 Oz | 073129128221 | 00073129128221 | |

| Nutrition Serving Size 4 oz (1 | 13g) | | | |
|---|--|--|--|--|
| Servings Per Contai | ner | | | |
| Amount Per Serving | | | | |
| Calories 110 Calo | ories from Fat 15 | | | |
| | % Daily Value* | | | |
| Total Fat 2g | 3% | | | |
| Saturated Fat 0.5g | 3% | | | |
| Trans Fat 0g | | | | |
| Cholesterol 55mg | 19% | | | |
| Sodium 60mg | 2% | | | |
| Total Carbohydrat | e 0a 0 % | | | |
| Dietary Fiber 0g | 0% | | | |
| Sugars Og | | | | |
| Protein 23g | | | | |
| Trotein 20g | | | | |
| Vitamin A 0% • | Vitamin C 0% | | | |
| Calcium 2% • | Iron 4% | | | |
| *Percent Daily Values are calorie diet. Your daily val or lower depending on you Calories: | ues may be higher ur calorie needs: | | | |
| Total Fat Less than Saturated Fat Less than Cholesterol Less than | 65g 80g 20g 25g 300mg 300mg 2,400mg 2,400mg 300g 375g 25g 30g | | | |



ICYBAY Tilapia comes from a farm that has been independently certified to to meet Global Aquaculture Alliance's Best Aquaculture Practices. www.gaalliance.org



To learn more or to place an order please contact your Sales Associate or Slade Gorton Office: 800-225-1573