

# Better Choice Seafood

# **FROZEN SEAFOOD**

# **SHELLFISH**

# Shrimp

### **Unbreaded**

- Peeled and Deveined (P&D)
- · Tail off and tail on
- · Cooked and uncooked
- · Wide range of sizes
- Cold water cooked salad shrimp, 250/350

### **Breaded**

- Breaded butterfly cleantail, range of sizes
- Breaded coconut, cleantail, 16/20 and 21/25
- · Breaded popcorn, mini and rounds

# Scallops Premium

- ICYBAY® brand, domestic
- Range of sizes; Under 10, 10/20, 20/30
- Breaded

### Value

- SOUNDINGS® brand
- Wide range of sizes; Under 10 to 80/100

# Lobster

### **Cold Water Canadian**

- 4/5, 5, 6/7, 7/8 ounce tails
- Lobster meat-Claw/knuckle and Claw/knuckle/leg

### **Warm Water**

• 5, 6, 7, 8 ounce tails

### Crab

- A variety of species including Atlantic Red
- 3-5 clusters
- 70/30 combo meat
- All leg meat
- Claw 'n arm
- Salad meat

### Crab Cakes



# **CLAMS - CRAWFISH - MUSSELS - OYSTERS**

### Clams

- Breaded strips
- Super breaded strips
- · Whole cooked hard shell

# Crawfish

- Whole cooked
- · Cooked tailmeat

### Mussels

- Medium Greenlip on the half shell
- Whole cooked Blue

# **Oysters**

• 144 ct. on the half shell









# **FINFISH**

Menuing a wide variety of great tasting seafood entrees has never been easier. From Southern-style comfort foods like breaded catfish to light and healthy offerings like salmon salads and grilled tilapia, the opportunities are endless with our broad assortment of frozen seafood.

# **Cape Capensis**

4/6 and 6/8 ounce skinless fillets

### Catfish

- · Breaded, unbreaded
- Fillets, nuggets, strips
- Domestic and imported (when available)

### Cod

- Breaded, unbreaded, oven ready
- Nuggets, strips, fillets
- Natural shape and rectangle
- · Wide range of sizes
- · Loins and tails
- Once frozen (frozen at sea) and twice frozen
- Seasoned crusts and coatings

### Flounder/Sole

- 4 to 8 ounce sizes unbreaded fillets
- Breaded natural shape and portions

### Haddock

- Skinless fillets (4 to 16 ounce)
- · Natural beer battered
- · 4 ounce rectangle
- 5/8 and 8/16 fillet (frozen at sea)
- IQF loins
- Skin-on filets

### **Pollock**

- · Breaded, unbreaded
- Nuggets, sticks and fillets
- · Beer battered
- Wide variety of encrusted flavors
- 4 ounce squares, raw and oven ready
- Skinless IQF, 2 to 8 ounce portions
- IQF loins

### Salmon

- Keta fillet 4, 6, 8 ounce skinless IVP
- Keta fillet 6 ounce skin-on IVP
- Atlantic fillet 4, 6, 8 ounce skinless
- Atlantic fillet, 2/3 lb. or 3/4 lb. side
- Sliced Smoked Salmon, Side

# **Striped Pangasius/Swai**

- 3/5, 5/7 and 7/9 ounce IQF
- 6/8 and 8/10 ounce IPW

### **Tilapia**

- Shallow skinned (IQF and IVP)
- · Deep skin IQF natural fillet
- Range of sizes
- 4–5 ounce Lemon Pepper, bake & broil
- Tortilla crusted/Parmesan crusted



### **Trout**

- Wide range of portions and sizes
- · Head off and on
- Butterfly fillets
- PBO selections

## Tuna (Yellow Fin)

- 5/6 and 7/8 ounce boneless steak
- 3/6 lb. center cut loin
- 8/12 ounce Saku block

### Whiting

2/4 and 4/6 ounce skinless fillet

### Mahi-Mahi

- Skin-on filets
- Skin-off filets
- 2-4 ounce buffet cut
- IQF loins





# **SPECIALTY-Surimi** and Squid

Surimi offers the delicious flavor of crabmeat while saving time and money! Imitation crabmeat chunks are precooked, making them convenient and ready to use in any recipe calling for the flavor of crab. And calamari is one of America's all time favorite appetizers.

# **Surimi**

- Chunks
- Oven ready Krab Kake

# **Squid**

- 3/5" or 5/8" in size
- Rings & tentacles or rings only
- Tubes & tentacles or tubes only





# **CHILD NUTRITION LABELED (CN)**

It's hard to imagine products better than these for students. Great tasting pollock with crunchy coatings and glazes all reduced in fat and sodium. CN labeling makes menu planning easy for the school. MSC certification makes it easy on the planet.

# Whole Grain and

- Whole grain sticks and nuggets 1 ounce
- Whole grain portions 3.6 ounce
- Low sodium sticks and nuggets 1 ounce
- Low sodium portions 3.6 ounce

# **Reduced Fat Traditional**

- Breaded stick and nugget 1 ounce
- Minced fish stick 1 ounce
- 3.6 ounce square





# Better Choice Seafood

# Sodexo's Sustainable Seafood Mission

To provide our customers with the most comprehensive, highest quality, sustainable seafood program in the industry. In assuming this leadership role, entegra is committed to delivering **Your Better Choice in Seafood** through:

A flexible full line of great tasting products designed to meet evolving customer needs,

Competitive industry pricing and fair market value

Unparalleled levels of customer service, support and education,

Best in class processes to ensure the highest level of quality assurance and food safety and

An allegiance to global standards of excellence for environmental responsibility and

accountability in seafood.

Sodexo's Sustainable Seafood Initiative is unparalleled, incorporating industry leading best practices. Our commitment is to have 100% of our contracted seafood certified as sustainable by the MSC or BAP by 2015.



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Additional information on sodexo's Sustainable Seafood Initiative, including details on current contracted products, can be found at sodexoPS.com. (Navigation=sodexoPS.com> Current Customers Click Here>Program Specifications>Protein Partners>Seafood).