

# Item # 7476701

## Salmon Pinwheel with Lobster Stuffing



Portion

100 gram

**PC # 7476701**

**GOURMET BAY**  
PREMIUM SEAFOOD  
FINE CUT PRODUCE

**GOURMET BAY**  
**SALMON PINWHEEL WITH LOBSTER STUFFING**

**6 OZ PORTIONS** Pack 16 x 6 OZ

**Produced in USA** Farm Raised

**NET WT 6 LB (2.72 kg)**

SG PO#  
Pack Date:

00073129747675

**GOURMET BAY®**  
**SALMON PINWHEEL WITH LOBSTER STUFFING**

**COOKING INSTRUCTIONS:** Preheat oven to 400°F. Place fish in an oven safe baking dish in the center of the oven shelf and bake for 13-15 minutes or until the center is cooked and the fish flakes easily with a fork.

**MICROWAVE INSTRUCTIONS:** Place fish onto a microwave safe plate. Cover with clear plastic wrap and cook for 6 minutes at 50% power or until the fish is flaky. Allow the product to set for one minute prior to serving.

**INGREDIENTS:** Salmon (Color Added), Stuffing (Lobster, Ritz Cracker (Enriched Wheat Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Partially Hydrogenated Soybean Oil, Sugar, High Fructose Corn Syrup, Salt, Leavening [Baking Soda, Calcium Phosphate], Soy Lecithin [Emulsifier], Malted Barley Flour], Water, Imitation Crab [Puffed Wheat, Wheat Starch, Egg Whites, Sorbitol, Sugar, Natural and Artificial Flavors, Salt, Calcium Carbonate, Disodium Inosinate, Disodium Guanylate, Sodium Tripolyphosphate, Color Added], Onions, Blanched Wheat Flour, Celery, Salad Dressing (Soybean Oil, Water, Sugar, Vinegar, Eggs, Corn Syrup, Modified Food Starch, Salt, Spices, Onions), Green Onions, contains 2% or less of each of the following: Corn Starch, Methyl Cellulose, Egg White Powder, Xanthan Gum, Green Onions, Malto-dextrin, Sherry Wine Solids (contains Biotin)), Salt, Soybean Oil, Yeast, Dehydrated Sugar, Lipoxygenase Cream & Whey, Whey Powder, Annattoin Seed Extract, Modified Food Starch, Potassium Sorbate and Sodium Benzoate (preservatives), Corn Oil, Wheat Starch, Butter, Tomato Paste, Onion Powder, Paprika, Disodium Inosinate, Disodium Guanylate, Garlic, Natural Flavors, Spices).

Contains: Salmon, Lobster, Pollock, Wheat, Egg, Milk, Soy  
Manufactured & Distributed by Blade Gorton & Co., Inc.  
225 Southampton St. Boston, MA 02118

**Nutrition Facts**

Serving Size 6 oz (170g)  
Servings Per Container

**Amount Per Serving**  
**Calories 340** Calories from Fat 160

	% Daily Value*
<b>Total Fat</b> 18g	<b>27%</b>
Saturated Fat 3g	<b>14%</b>
Trans Fat 0g	
<b>Cholesterol</b> 125mg	<b>42%</b>
<b>Sodium</b> 510mg	<b>21%</b>
<b>Total Carbohydrate</b> 19g	<b>6%</b>
Dietary Fiber less than 1g	<b>3%</b>
Sugars 3g	
<b>Protein</b> 25g	
Vitamin A 6%	Vitamin C 15%
Calcium 6%	Iron 2%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

**Nutrition Facts**

Serving Size (100g)  
Servings Per Container

**Amount Per Serving**  
**Calories 200** Calories from Fat 90

	% Daily Value*
<b>Total Fat</b> 10g	<b>16%</b>
Saturated Fat 1.5g	<b>8%</b>
Trans Fat 0g	
<b>Cholesterol</b> 75mg	<b>25%</b>
<b>Sodium</b> 300mg	<b>13%</b>
<b>Total Carbohydrate</b> 11g	<b>4%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 2g	
<b>Protein</b> 14g	
Vitamin A 4%	Vitamin C 8%
Calcium 4%	Iron 2%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

Manufacturer Code #	UCC-12 (UPC) (Must Be 12 Digits with NO dashes and NO spaces)	EAN/UCC-14 (Must Be 14 Digits with NO dashes and NO spaces)	Species	Product Description	Pack/Size	Unit Weight	Gross Weight (lbs)	Net Weight (lbs)
7476701	073129747675	00073129747675	Salmon	Salmon Pinwheel with Lobster Stuffing,6oz	16-6oz	6	9	6

Manufacturer Code #	Case Cube	Configuration L x W x H	Configuration TI x HI Pallet	Total Case/Pallet	Farm/Fishery Certification	Allergens	Brand	Available
7476701	0.692	18.125 x 11 x 6	8 x 7	56	Working toward ASC/Global GAP	Salmon, Lobster, Crab, Pollock, Wheat, Egg, Milk, Soy	Gourmet Bay	Ft. Lauderdale/ Boston