

# Item # 7477301

## Salmon with Spinach Feta Stuffing



**PC # 7477301**  
**GOURMET BAY**  
**SALMON WITH SPINACH FETA STUFFING**  
**6 OZ PORTIONS** Pack 16 x 6 OZ  
 Produced in USA Farm Raised  
**NET WT 6 LB (2.72 kg)**  
 SG PO#  
 Pack Date:

**GOURMET BAY®**  
**SALMON WITH SPINACH FETA STUFFING**  
**COOKING INSTRUCTIONS:** Preheat oven to 400°F. Place fish in an oven-safe baking dish in the center of the oven. Bake for 15-16 minutes or until the internal temperature reaches 140°F.  
**MICROWAVE INSTRUCTIONS:** Place fish onto a microwave-safe dish. Cook for 6 minutes at 50% power or until the internal temperature reaches 140°F. Allow the product to set for one minute prior to serving.  
**INGREDIENTS:** Salmon, Spinach Feta Stuffing (Cream Cheese (Pasteurized Cultured Milk and Cream, Salt, Stabilizers (Xanthan, Carrageenan and/or Guar Gum)), Spinach, Feta Cheese (Pasteurized Milk, Salt, Cheese Culture, Enzymes), Potato Starch (added to prevent caking), Heavy Cream (Cream, Carrageenan), Broccoli (Bleached Wheat Flour, Whole Wheat Flour, Sugar, Contains 2% or less of Partially Hydrogenated Soybean Oil and/or Cornmeal Oil, Salt and Yeast), Liquid Eggs (Whole Eggs, Citric Acid (to preserve color), 0.15% Water Added as carrier for Citric Acid), Salt, Potassium Sorbate (Preservative), Crystallized Onion, White Pepper, Crystallized Garlic, Sodium Benzoate (Preservative)).  
**Allergens:** Salmon, Milk, Wheat, Soy, Egg  
 Manufactured & Distributed by Stale Gorton & Co., Inc.  
 225 Southampton St. Boston, MA 02118

### Portion

<b>Nutrition Facts</b>	
Serving Size 6 oz (170g)	
Servings Per Container	
Amount Per Serving	
<b>Calories 370</b>	<b>Calories from Fat 150</b>
% Daily Value*	
<b>Total Fat 17g</b>	<b>26%</b>
Saturated Fat 9g	<b>43%</b>
Trans Fat 0g	
<b>Cholesterol 85mg</b>	<b>29%</b>
<b>Sodium 710mg</b>	<b>30%</b>
<b>Total Carbohydrate 24g</b>	<b>8%</b>
Dietary Fiber 2g	<b>8%</b>
Sugars 2g	
<b>Protein 31g</b>	
Vitamin A 15%	• Vitamin C 4%
Calcium 40%	• Iron 4%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000    2,500
Total Fat	Less than 65g    80g
Saturated Fat	Less than 20g    25g
Cholesterol	Less than 300mg    300mg
Sodium	Less than 2,400mg    2,400mg
Total Carbohydrate	30g    375g
Dietary Fiber	25g    30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

### 100 gram

<b>Nutrition Facts</b>	
Serving Size (100g)	
Servings Per Container	
Amount Per Serving	
<b>Calories 220</b>	<b>Calories from Fat 90</b>
% Daily Value*	
<b>Total Fat 10g</b>	<b>15%</b>
Saturated Fat 5g	<b>26%</b>
Trans Fat 0g	
<b>Cholesterol 50mg</b>	<b>17%</b>
<b>Sodium 420mg</b>	<b>17%</b>
<b>Total Carbohydrate 14g</b>	<b>5%</b>
Dietary Fiber 1g	<b>5%</b>
Sugars 1g	
<b>Protein 19g</b>	
Vitamin A 10%	• Vitamin C 2%
Calcium 25%	• Iron 2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000    2,500
Total Fat	Less than 65g    80g
Saturated Fat	Less than 20g    25g
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Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

Manufacturer Code #	UCC-12 (UPC) (Must Be 12 Digits with NO dashes and NO spaces)	EAN/UCC-14 (Must Be 14 Digits with NO dashes and NO spaces)	Species	Product Description	Pack/Size	Unit Weight	Gross Weight (lbs)	Net Weight (lbs)
7477301	073129747736	00073129747736	Salmon	Salmon with Spinach Feta Stuffing, 6oz	16-6oz	6	9	6

Manufacturer Code #	Case Cube	Configuration L x W x H	Configuration TI x HI Pallet	Total Case/Pallet	Farm/Fishery Certification	Allergens	Brand	Available
7477301	0.692	18.125 x 11 x 6	8 x 7	56	Working toward ASC/Global GAP	Salmon, Milk, Wheat, Soy, Eggs	Gourmet Bay	Ft. Lauderdale/Boston